



Underline and/or write in the word(s) that best describe your present view of retirement.

Boring	Freedom	Stress-free	Restful
Active	Frightening	Lonely	Exciting
Relaxing	Renewal	Possibility	Scarcity
.....
.....
.....

Models of Retirement

Who do you know that has retired?

What have you learned from them as models of retirement?

Who?	What I have learned from them
1.
2.
3.

My Big Rocks!

List your life cornerstones (Big Rocks) in their order of importance and priority to you.

Examples: health, relationships, work, activities, spirituality, finances

1.	4.
2.	5.
3.	6.