



Write down several new things you would really like to accomplish or experience in your life. Think and dream as big as possible. In other words, do this as if that there are no limitations. What do you want to do, feel, taste, smell, experience, learn? Where do you want to travel?

Wish, Dream, Experience, Accomplish

by When?

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A wish remains only that when there is no plan to achieve it, or to get there.

A wish immediately becomes an obtainable goal once a plan is in place.