



Life Partner

Qualities, traits, and behaviours I see, appreciate and value in my life partner:

- | | |
|---------|---------|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Key areas we handle differently where these differences are complimentary and valued:

- | | |
|---------|---------|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

My relationship expectations going into retirement:

1.
2.
3.
4.

What life tasks or responsibilities do I wish were on my partner's list, not on mine?

- | | |
|---------|---------|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

What life tasks or responsibilities would I be willing to take from my life partner?

- | | |
|---------|---------|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |



Life Partner

What life tasks or responsibilities can we agree should be farmed out?

- | | |
|---------|---------|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

What am I looking forward to doing together with my partner?

1.
2.
3.
4.
5.
6.

What am I looking forward to doing on my own, without my partner?

1.
2.
3.
4.
5.
6.



Friends

Friends to grow old with:

- | | |
|---------|----------|
| 1. | 7. |
| 2. | 8. |
| 3. | 9. |
| 4. | 10. |
| 5. | 11. |
| 6. | 12. |

Pleasant Friends

Engaged Friends

Meaningful Friends

.....
.....
.....
.....

I need and want to expand my circle of friends, and will start to do this by:

1.
2.
3.
4.
5.



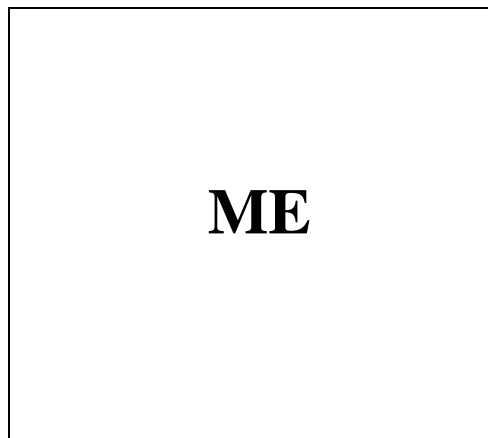
Family and Friends

Personal relationships that I need and want to invest more time and energy on:

Who	Why... and what I want
1.
2.
3.
4.

Relationship Cube

Write the names or initials of the people in your life somewhere inside or outside of your relationship cube depending on how important and/or healthy your relationship with each of them is. The closer they are to “ME” in the cube, the more important they are and/or the healthier the relationship. Notice those that you would like to position differently.





Adult Children:

My Personal Resolutions (my children):

	Who	Resolution
1.
2.
3.
4.

Adult Children:

My Personal Resolutions (my step-children):

	Who	Resolution
1.
2.
3.
4.

Parents and In-laws:

My Personal Resolutions:

	Who	Resolution
1.
2.
3.
4.